



**DENTAL & MEDICAL**  
FINANCIAL SERVICES



KEY GUIDE

# Investing tax efficiently

# Introduction

## THE COMPLEX WORLD OF TAX ON INVESTMENT

The UK tax system has grown increasingly elaborate. With tax increases in the last two Budgets totalling over £67 billion, the complexities are growing ever greater. This guide offers a brief outline of how your investments are currently taxed and future changes (or freezes) that have already been announced, including those set out in the Autumn Budget 2025. The Covid-19 pandemic and 2022 energy price spike both hit government finances hard and ever since, successive Chancellors (and their Scottish counterparts) have been taking significant steps to raise revenue. As result:

- Many personal tax allowances and bands are now frozen until April 2031, despite inflation having peaked at over 11% in October 2022, in the first tax year of the freeze.
- There was a six percentage point jump in the main rate of corporation tax from April 2023.
- Since April 2023, the starting point for additional rate tax (top rate in Scotland) has been £125,140, nearly £25,000 below the previous (frozen) level.
- In Scotland a further 1% was added to the higher and top rates from 2023/24 and another 1% to the top rate in 2024/25, taking them to 42% and 48%. Scotland also introduced a new 45% 'advanced rate' of tax for income between £75,000 and £125,400 in 2024/25.
- The taxation of dividends is now much less generous than when the current structure was introduced in 2016/17. Dividend tax rates for basic- and higher-rate taxpayers will increase again from 2026/27.
- Following the Autumn Budget 2025, the tax burden is on course to reach 38.3% of GDP by 2030/31, a historic high and 5.4 percentage points above the pre-pandemic figure of 32.9% in 2019/20.

Expert advice is necessary if you require more information or a greater insight into how to cut your share of the growing tax burden.

Please note that all examples included in this guide are fictitious.

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# How your investment income is taxed

Income from investments is generally taxed less than earnings because there is no liability to national insurance contributions (NICs). While there have been several proposals for income tax and NICs to be combined and for the newly merged tax to be applied to all income, reform looks unlikely in the near term. However, the Autumn Budget 2025 introduced an increase to the tax on dividends, property and savings income, narrowing the gap with earnings taxation.

For now, investment income, other than from property, is always treated as the top slice of your income, with dividends usually first, followed by interest. The order is important in determining what rate of tax applies to specific incomes.

The personal savings allowance (PSA) was introduced in 2016/17 at levels that have been unchanged since of £1,000 for basic rate taxpayers and £500 for higher rate taxpayers (based on UK tax bands, including Scottish residents). Both basic and higher rate taxpayers can save up to £200 tax on savings income (primarily interest), but there is no allowance for additional rate taxpayers. The Bank of England bank rate was 0.50% when the PSA was introduced, a fraction of the current (January 2026) 3.75% bank rate. Consequently, many more savers are likely to pay tax on their interest income now than in 2016/17.

The dividend allowance was also introduced in 2016/17, at the rate of £5,000 for all taxpayers, but was reduced to £2,000 in 2018/19. For 2023/24 it was halved to £1,000 and in 2024/25 it was halved again to just £500, where it remains in 2025/26 and 2026/27. Above the dividend allowance, the effective rate of tax on dividends is at least 8.75%, rising to 10.75% from 2026/27.

Both the dividend allowance and savings allowance behave like nil rate tax bands. As a result, each allowance applies

to the lowest tier of relevant income and that income is considered in the assessment of your total income, for example in determining whether you are liable to pay higher rate tax. The result is a further complication in the rules for tax calculations.

Many investments can be purchased in ISA tax wrappers, which can shield your money from certain taxes. ISAs will probably make up a key element of your investment plan. Investors do not pay any personal tax on income or gains, but ISAs may suffer unrecoverable tax on foreign income from stocks and shares.

## Interest income

Interest from UK deposits is paid with no deduction for tax because of the introduction of the personal savings allowance.

Deposits with offshore banks, such as those in the Channel Islands, also normally pay interest with no tax deducted. Unless you benefit from the Foreign Income and Gains (FIG) tax regime, the income is taxable in the UK and will need to be reported to HMRC. Even if you do not report overseas interest to HMRC, there is a good chance that the bank or deposit-taker will report it under the global Common Reporting Standard requirements. In its latest report and accounts, HMRC revealed it had received over ten million foreign financial account reports in 2024/25 from 106 jurisdictions.

The payment of interest without any tax deduction was designed to make life simple for most taxpayers, who would otherwise have had to reclaim small amounts of tax because their interest would fall within the personal savings allowance. However, if your interest income exceeds your personal savings allowance – more likely now than in earlier years – matters become more complicated:

- You can allow HMRC to collect the estimated tax due by adjusting your Pay As You Earn (PAYE) code, if you have one. However, this will use historic data. For example, in calculating your 2026/27 PAYE code HMRC will have taken account of interest you earned in 2024/25. With average interest rates in 2024/25 slightly above current levels, that figure may represent an overestimate, leaving you with a tax refund some time after the tax year ends.
- Alternatively, if you file a self-assessment tax return currently you can request that estimated tax is not collected, in which case your liability will fall within the usual self-assessment payment procedure. This means payment will be made later than under the PAYE coding route, but you might face a large one-off demand. A self-assessment return is required if your interest income exceeds £10,000 in the tax year.
- However, the Autumn Budget 2025 announced that income tax self-assessment taxpayers with Pay As You Earn (PAYE) income would be required to pay more of their self-assessment liabilities in-year via PAYE from April 2029.

If interest on a fixed-term savings bond is automatically accumulated and there is no option to withdraw it (as applies, for example, with some National Savings & Investments products), HMRC's view is that there is no tax due during the life of the bond, but all interest is taxable at the maturity date. This has more significance now, given the two percentage points increase in savings tax rates from 2027/28.

Interest from directly owned, fixed-interest securities, such as government bonds (gilts), is usually paid without deduction of tax and you must report it to HMRC. When the nominal value of all your direct holdings exceeds £5,000, you will have to adjust after sale and purchase for any interest you have accrued.

Income payments from fixed-interest securities through a UK-based unit trust or open-ended investment company (OEIC), are made without deduction of tax.

### Planning point

When the nominal value of all your direct holdings exceeds £5,000, you will have to adjust after sale and purchase for any interest you have accrued.

### Dividend income

The tax treatment of dividend income from shares, and funds that invest in shares, has grown more complicated over the years, and the tax rates have become divorced from the rates that apply to other income. Since 2016/17 there have been a number of changes to dividend and corporate taxation, not all favourable to investors.

Dividends from UK companies, unit trusts and OEICs are tax-free up to your dividend allowance of £500 in 2025/26, regardless of your personal tax rate. Beyond the allowance, rates are as shown in the table below for 2025/26 and 2026/27.

#### Dividend taxation above the dividend allowance

Income tax rate	Nil £	Basic £	Higher £	Additional £
Dividend	£100.00	£100.00	£100.00	£100.00
Tax due (rate) 2025/26	Nil (0%)	8.75% (8.75%)	33.75% (33.75%)	39.35% (39.35%)
Tax due (rate) 2026/27	Nil (0%)	10.75 (10.75%)	35.75 (35.75%)	39.35 (39.35%)

An advantage of dividend income that is often overlooked is that each £1 net income represents a smaller amount of gross income than either interest or earnings.

#### EXAMPLE Dividend taxation

Bill is a higher rate (40%) taxpayer in England who has no remaining dividend allowance when he receives a dividend cheque for £100. As the table above shows, in 2026/27 he will have an extra tax liability of £35.75 leaving him with a net income of £64.25. Bill's gross dividend income from this payment will be £100.

To achieve the same net income from an interest-paying investment would require gross interest of £107.08 ( $107.08 \times (100\% - 40\%) = £64.25$ ). The lower gross income result can be important because of the various fixed tax thresholds that take gross income into account (e.g. pension annual allowance tapering). In 2027/28, when Bill will face 42% tax on interest, the equivalent gross interest amount will rise to £110.78.



### Property income

You will generally receive income from direct investment in property, such as buy-to-let, with no deduction of tax. There are extensive rules about what expenses you can offset against rents to determine how much of your income is subject to tax.

There is no now mortgage interest offset allowed against rental income for personally owned residential property. Instead, a basic rate tax credit is given for interest paid. This effectively means that the amount of tax relief available to higher rate taxpayers is half what it used to be when full offset was allowed.

Certain types of property income are subject to additional rules, such as distributions from real estate investment trusts (REITs) and property authorised investment funds (PAIFs). The special treatment that applied to furnished holiday lets was withdrawn from the start of 2025/26.

From April 2026, if your property income (plus any self-employed income) in 2024/25 was more than £50,000, you will fall within the scope of Making Tax Digital (MTD) for Income Tax. As a result, you (or your accountant) will be required to report income quarterly to HMRC using proprietary software. The MTD threshold will drop to £30,000 from April 2027 (based on 2025/26 income) and to £20,000 from April 2028 onwards.

From 2027/28 the rates of tax on property income in England and Northern Ireland will rise by two percentage points to 22%, 42% and 47%. Scotland and Wales set their own rates.

#### Planning point

From April 2026, if your property income (plus any self-employed income) in 2024/25 was more than £50,000, you will fall within the scope of Making Tax Digital (MTD) for Income Tax.

### LIFE ASSURANCE-LINKED INVESTMENT BONDS

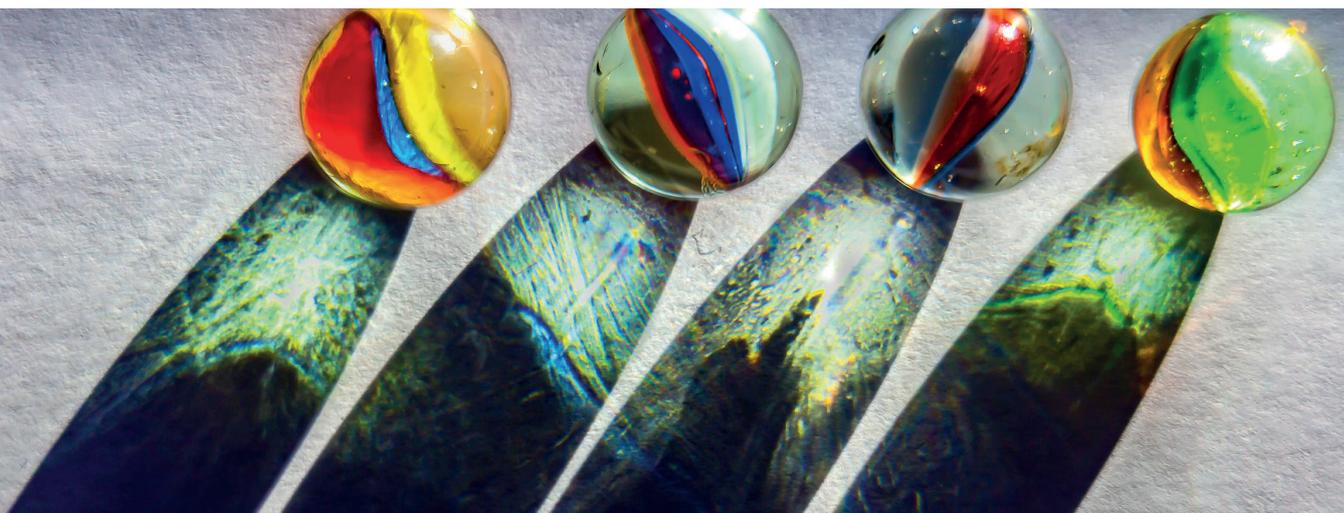
The tax treatment of single premium life assurance investment bonds often causes confusion, not least because profits are described as 'chargeable gains', but also because they are actually taxable as miscellaneous income. The basic tax regime can be summarised as follows:

- **The 5% rule.** For each of the first 20 policy years after payment of a premium, there is a credit of 5%, which you can offset against any amount you withdraw. If you do not use the credit, it is carried forward to following years. If your withdrawals exceed the accumulated credit in a year, the excess is treated as income at the end of the policy year.
- **Full surrender and death.** When a policy ends because of a full surrender or the death of the last life assured, there is a 'sweeping up' calculation. The taxable gain in the tax year of death/surrender is then calculated as the total payments from the bond less all premiums paid in. You also deduct any earlier taxable excesses. This calculation brings any payments that have previously benefited from the 5% rule into tax.
- **Tax rate(s).** Gains are treated as the top part of your income (above dividends) at the rates applicable to savings. For UK investment bonds, a tax credit at 20% (22% from 2027/28) is allowed, reflecting the fact that the insurance company has paid tax on the income and gains. Offshore policies are effectively free of UK tax on the underlying income and gains, and therefore do not benefit from the basic rate credit on encashment when the full income tax rates apply (including the starting rate band at 0% and the personal savings allowance).
- **Top slicing.** If the addition of policy gains pushes you into higher or additional rate income tax, top slicing relief can reduce your liability by treating the gain as spread over a period of years, which in most cases will be the time you have held the investment.

You should always seek advice before withdrawing any money from investment bonds because of the complexities that abound in their taxation treatment. Their structure – for example, one bond could be 1,000 individual policies – can create serious tax traps.

#### Planning point

Investment bonds generally require a lump sum investment of at least £5,000 and you should expect to have your money tied up for at least five years.



### EXAMPLE Investment bond tax calculation

Brian arranged a £10,000 UK investment bond in July 2016. He took £500 withdrawals each year in October, starting in 2016. These were within the 5% rule and gave no rise to an immediate tax charge. In May 2026 he surrenders the bond for £9,850. The final chargeable gain on the bond is calculated as:

Surrender proceeds:	£9,850
Total withdrawals: 10 x £500	<u>£5,000</u>
Total policy proceeds	£14,850
Less	
Previous chargeable gains:	nil
Total invested	<u>(£10,000)</u>
	(£10,000)
Chargeable gain on surrender	£4,850

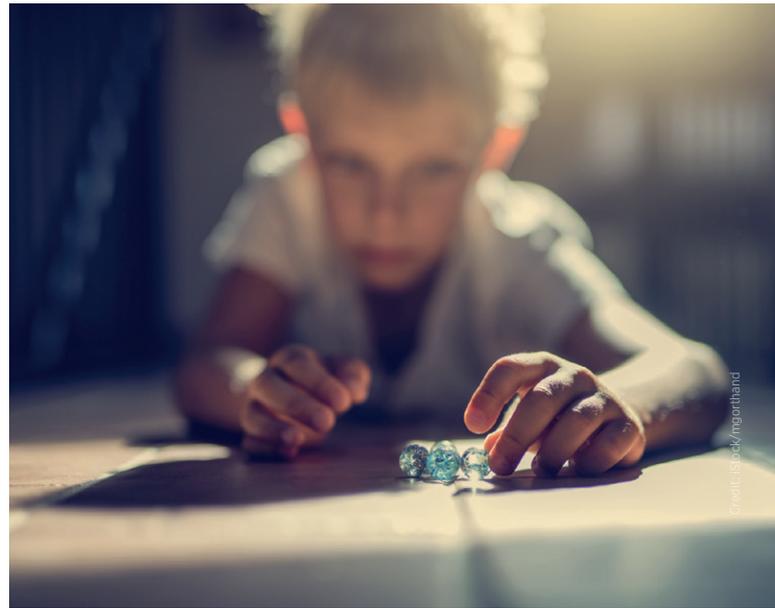
As Brian has total income of around £60,000, he is a higher rate taxpayer and will have to pay 20% tax (40% – 20% tax credit for 2026/27) on the gain, giving him a tax bill of £970. Top slicing relief (over nine years) does not affect Brian, because he is a long way from the starting point of the additional-rate band.

### CAPITAL GAINS IMPLICATIONS

In most circumstances, capital gains are currently taxed more lightly than income, particularly if your net realised gains fall within the annual exempt amount (£3,000 in 2025/26 and 2026/27) or you are a higher or additional rate taxpayer. Not all investments are subject to capital gains tax (CGT). For example, gilts and most other fixed-interest securities are exempt, but unit trusts and OEICs that invest in them are not.

Following several changes in the Autumn Budget 2024, the basic principles of CGT are now:

- Most disposals of investments – gifts as well as sales – trigger the need for a CGT calculation. Transfers to your spouse or civil partner are effectively ignored, in most circumstances.
- Gains and losses are calculated simply as the net value realised less the total acquisition costs.
- Gains and losses you realise in the same tax year are netted off each other. If any losses are unused, you can carry them forward indefinitely until you need to use them. In general, you must claim the loss within four years of the tax year in which it arose.
- The annual exempt amount allows you to realise £3,000 of net gains free of CGT in 2025/26 and 2026/27.



- If your net gains in a tax year exceed both your annual exempt amount and any carried forward losses you have available, the excess is added to your income. CGT is charged at 18% where gains fall below the higher rate band and 24% otherwise. The upper CGT rate is thus comfortably below higher or additional rate income tax.
- Any potential CGT liability on unrealised gains is usually extinguished on death.
- CGT is normally payable by 31 January in the tax year after the gain is realised, e.g. 31 January 2027 for gains realised in 2025/26.

There are three important points relating to CGT on residential property which taxpayers need to remember to factor in:

- Any CGT on residential property gains became due within 60 days of sale completion, along with a tax return.
- The CGT exemption for a main residence now has a normal maximum extension period of just nine months after moving out.
- Rules for lettings relief limit eligibility to those instances where the property owner shares occupation with the tenant.

#### Planning point

You should think about the timing when disposing of any chargeable assets, as you may be able to take advantage of spreading gains or losses across different tax years.

**EXAMPLE****Capital gains and capital losses**

Layla is a higher-rate taxpayer and she needs to realise some of her investments to top up the Bank of Mum and Dad. She is thinking of selling an oil company shareholding that has an unrealised gain of £7,000 and disposing of some bank shares, which are showing a loss of £6,000.

- If she sells all her holdings in 2025/26, her net gain will be £1,000 (£7,000 - £6,000) and she will have no capital gains tax to pay because of her annual exempt amount. However, the £2,000 of unused exemption cannot be carried forward to 2026/27 and will be lost.
- Alternatively, she could sell all the oil company shareholding and enough of the bank shares (two thirds of her holding) to realise a £4,000 loss. Her net gain would then match her full annual exemption (£7,000 - £4,000 = £3,000) and she would still have unrealised losses of £2,000 she could use by selling the remaining bank shares after the 2025/26 tax year ends. Preserving those losses is more important now, given the much-reduced level of the annual exemption.

**EASING THE INVESTMENT TAX BURDEN**

There are many ways of reducing the burden of tax on your investments, but you should always take professional advice before acting.

- **Stocks and shares individual savings accounts (ISAs)** offer freedom from CGT, and freedom from UK tax liability on interest from fixed-interest securities and on dividends. Interest on cash is free of UK tax in all ISAs.
- **Cash ISAs** provide deposits with tax-free interest. However, from 2027/28 the maximum subscription to cash ISAs will be cut to £12,000 if you are under age 65.
- **Lifetime ISAs (LISAs)** offer the same tax advantages as other ISAs, with the added benefit of a 25% government bonus on savings. However, eligibility is limited to those aged 18-39 and there are penalties on withdrawal before the age of 60 unless funds are used to purchase a first home. The Autumn Budget 2025 announced that a new Help-to-Buy ISA would be launched in 2026 and the LISA withdrawn. Further details are due soon.
- **Onshore collective funds**, such as unit trusts and OEICs, can be useful in CGT planning because changes to the underlying fund do not give rise to any immediate tax liability for the investor.
- **Non-reporting offshore collective funds** can offer some shelter from income tax, but at the cost of all gains being taxed as income.
- **Pension arrangements** have a wide variety of tax benefits, including full income tax relief on contributions. Within a pension plan there is no UK liability to tax on income or gains, and 25% of the accumulated fund is currently free of any tax after you have reached age 55 (57 from April 2028),

whether the whole value is taken as a lump sum or the remaining 75% is used to provide retirement income.

- **Life assurance-based investments**, both on- and offshore based, may save tax or at least defer any liability.
- **National Savings & Investments** used to offer a wide range of tax-free investment products. However, at the time of writing its tax-free range is limited to a cash ISA, a cash JISA and Premium Bonds.

Information is based on our current understanding of taxation legislation and regulations.

Tax treatment varies according to individual circumstances and is subject to change.

The Financial Conduct Authority (FCA) does not regulate tax advice.

The value of investments and income from them may go down. Past performance is not a reliable indicator of future performance and you may not get back the full amount you invested. Investing in shares should be regarded as a long-term investment and should fit in with your overall attitude to risk and financial circumstances.

Investors do not pay any personal tax on income or gains, but ISAs may pay unrecoverable tax on income from stocks and shares received by the ISA managers.

Stocks and Shares ISAs invest in corporate bonds; stocks and shares and other assets that fluctuate in value.

By saving in a lifetime ISA instead of enrolling in, or contributing to an auto-enrolment pension scheme, occupational pension scheme, or personal pension scheme: (i) you may lose the benefit of contributions from your employer (if any) to that scheme; and (ii) your current and future entitlement to means tested benefits (if any) may be affected.

**HOW WE CAN HELP**

We can help with your investment tax planning in several ways:

- Selecting the most appropriate tax 'wrapper' for your investments.
- Advising you on the most effective tax strategies for drawing income and/or capital from your holdings.
- Assisting you with calculations for your tax return.
- Keeping you up to date with the opportunities and dangers created by new government legislation on the taxation of investments.



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